

# Administer the Implementation of Fatigue Management Strategies

## TLIF3063



Broadspectrum Training Services Pty Ltd is a Registered Training Organisation (RTO Code: 31843), specialising in the delivery of nationally recognised training and assessment services

### Are you interested?

For further information about this program, please contact:

### Broadspectrum Training Services

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### ABOUT THIS COURSE

This unit involves the skills and knowledge required to administer the implementation of fatigue management strategies during work operations in a defined workplace in accordance with national and state/territory legislation and relevant regulations.

It includes monitoring the implementation of fatigue management strategies, recognising breaches of fatigue management policies, procedures and regulations, and developing and assessing staff competence in fatigue management.

It also includes providing feedback to staff on shortcomings in their fatigue management skills and knowledge, and reporting to management on the implementation of fatigue management policy.

Work is performed under limited supervision generally as a team leader or supervisor.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

### COURSE STRUCTURE

To be awarded this unit of competency, students will need to complete the course work as it applies to supervisors of workers who must manage their fatigue.

### Elements of the Unit of Competency

- Monitor the implementation of fatigue management strategies
- Recognise breaches of fatigue management policies, procedures and regulations
- Develop and assess staff competence in fatigue management
- Provide feedback to staff on shortcomings in fatigue management skills and knowledge
- Report on the implementation of fatigue management policy

### Required Skills and Knowledge

The required skills and knowledge of this unit focuses on skills that include:

- Adapting to change in regulations, policies and procedures and applying
- Assisting workers in identifying learning needs about fatigue management and organising the training

- Planning and carrying out audits
- Recognising breaches and taking appropriate action
- Causes and consequences of fatigue
- Employee and organisation responsibilities for fatigue management
- Factors that increase fatigue-related accidents, hazards and risks, effect on workplace performance and lifestyle management
- Ways of assisting individuals to assess their own sleep patterns and fitness for work

### ASSESSMENT

Students will be assessed to confirm competence using a combination of knowledge based assessment, practical activities and assessments.

### WHAT MATERIALS/EQUIPMENT DO I REQUIRE?

Students will be provided with access to all learning resources. Suitable workplace assessment environments are to be provided by the student's employer.

### COURSE OUTCOME

On successful completion of the assessments, a nationally recognised Statement of Results will also be issued by Broadspectrum Training Services outlining the specific unit of competency completed.

### DURATION, DELIVERY METHOD, PARTICIPANTS AND PRICE

Students have a period of 6 weeks from the date of enrolment to complete the requirements of the unit of competency. Where students have not successfully completed all of the requirements for the unit, no Statement of Results will be provided.

Delivery of this unit of competency combines face to face delivery and assessment.

Quotation provided upon request.

### COURSE VENUE

Broadspectrum Training delivers this unit of competency using a combination of in house face-face training and workplace based delivery.

