

# Undertake Manual Handling MEM11011B



Broadspectrum Training Services Pty Ltd is a Registered Training Organisation (RTO Code: 31843), specialising in the delivery of nationally recognised training and assessment services

## Are you interested?

For further information about this program, please contact:

## Broadspectrum Training Services

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## ABOUT THIS COURSE

Injuries caused through manual handling practices are prevalent in the workplace. The purpose of the course is to ensure that personnel are equipped with the skills and knowledge to move, handle or shift materials in the workplace without causing injury.

## PREREQUISITES

There are no prerequisites for this course.

## WHAT WILL I STUDY?

The main topics that will be covered include:

- The types of movements and other factors that contribute to manual handling injuries
- Controls we put in place to reduce the risk of injury
- How to determine the weight of an item and correct lifting techniques
- Guidelines for lifting and moving items
- Team lifts the use of equipment and correct storage of items

## ASSESSMENT

Participants will undertake a theory assessment and a practical assessment. The theory assessment assesses whether each participant has adequate underlying knowledge to successfully undertake manual handling. The practical assessment assesses whether each participant has the requisite skills to be deemed as competent in lifting as an individual, in team lifts, and through use of a mechanical aid.

## WHAT MATERIALS/EQUIPMENT DO I REQUIRE?

- Participants must wear work clothing including long-sleeve shirts, long pants and steel-capped boots.
- Workbooks, study guides and other learning material will be included within the course.

## COURSE OUTCOME

On successful completion of assessment, a nationally recognized Statement of Attainment will be issued by Broadspectrum Training Services under the competency MEM11011B Undertake manual handling.

## DURATION, DELIVERY METHOD, PARTICIPANTS AND PRICE

- 3 (Three) hours
- Delivery may be provided on or off the job
- Maximum participant numbers will apply at 12 people
- Individual or group bookings available
- Professional quotation provided upon request
- For scheduled courses per person cost is **\$150.00 each**
- Day rate cost is **\$1,350.00**

## COURSE VENUE

Broadspectrum Training Services can provide this course at our training facility or at your premises upon review and confirmation you have the appropriate facilities and resources available to conduct the delivery.

Knowledge  
Skills  
Development